



CONFERENCE IN EQUINE PHYSIOTHERAPY

Thursday 4 Nov (Turffontein Racecourse)

- 8.00 – 9.00 Dr Hilary Clayton: Activate your horse's core
 9.00 – 10.00 Dr Hilary Clayton: Biomechanical effects of physiotherapy techniques
 10.00 – 10.30 TEA
 10.30 – 11.30 Dr Hilary Clayton: The rider's interaction with the horse
 11.30 – 12.30 Dr Cathy McGowan: Recent research in back and pelvic pain – what can we learn from a physiotherapy approach
 12.30 – 13.15 LUNCH
 13.15 – 14.00 Dr Rachel Murray: Injury sites in different equestrian sports
 14.00 – 15.00 Dr Rene van Weeren: Biomechanics of the equine back (in relation to the use of the horse especially for dressage)
 15.00 – 15.30 TEA

Friday 5 Nov (Turffontein Racecourse)

- 8.00 – 8.45 Lesley Goff: Manual Therapy of the head and neck (45 mins)
 8.45 – 9.15 Narelle Stubbs: The cervicothoracic region including the thoracic sling and shoulder complex: anatomy, assessment and manual therapy (30 mins)
 9.15 – 10.00 Narelle Stubbs: continuation of above lecture (45 mins)
 10.00 – 10.15 TEA
 10.15 – 11.00 Lesley Goff: Manual therapy of the

- 11.00 – 12.00 Narelle Stubbs: The thoracolumbar region: Anatomy, assessment & manual therapy
 12.00 – 13.00 LUNCH
 13.00 – 14.00 Lesley Goff: Combining physio skills to get an optimal outcome: manual therapy to effect change, motor control to establish change (60 mins)
 14.00 – 15.00 Narelle Stubbs: Physiotherapy and rehabilitation research, applications in clinical practice: including facilitation (taping techniques) and exercise based rehabilitation. (60 mins)
 15.00 – 15.30 TEA and finish for the day

Sat 6 Nov (venue to be confirmed, Kyalami)

- 8.00 – 8.30 TEA (product on display from sponsors)
 8.30 – 9.30 Lesley Goff: Assessment of the horse and rider unit: demonstration
 9.30 – 10.30 Narelle Stubbs: The horse and rider unit, facilitation and taping techniques: demonstration
 10.30 – 10.45 TEA (sponsor's products on display)
 10.45 – 11.15 Elrine Oosthuizen: Product presentation: Spider Tech Tape (pre-cut kinesio taping solutions for human patients)
 11.15 – 12.00 Lesley Goff and Narelle Stubbs: open panel discussion: questions and answers

REGISTRATION FORM (all communication by email & sms)

Company Name:(if applicable).....VAT Registration nr:.....
 Postal Address:..... Postal Code:..... Province.....
 Business Tel. No:.....Business Fax No:.....
 Surname :.....Initials:.....First Name:.....
 Email.....Mobile Phone No.....Dietary Pref.....
 South African Physiotherapists: SASP No.....HPCSA No.....
 Community service Physio: Yes No /Name of community hospital.....
 APGSA Member: Yes No
 International Physiotherapists: Qualification.....
 Professional Council registration no.....
 Website of relevant council for verification.....

REGISTER NOW ONLINE @ www.vetlink.co.za
PLEASE NOTE: Admin fee of R50 will be added for manual registrations

Direct Deposits:

Account No: 621 9969 5358
 Acc. Name: Animal Physiotherapy Group of South Africa
 Bank: First National Bank , Fourways Branch
 Branch Code: 25 16 55
 APGSA (cheque account)
 NB: Please put surname as reference on deposit slip.

REGISTRATION FEES (Including VAT. Fees includes refreshments and lunch)

Option 1: Early bird registration: Book & paid before 31/07/2010

- APG Members and Community Service Physiotherapists @ 2500 SASP Members @ 2850 Non SASP Members and Overseas registered Physiotherapists @ 3500

Option 2: Standard registration: Book or paid after 31/07/2010

- APG Members and Community Service Physiotherapists @ R2850 SASP Members @ R3000 Non SASP Members and Overseas registered Physiotherapists @ R4000

Confirmation of registration will be sent by sms & email upon receipt. Without proof of payment no bookings will be made.

ENQUIRIES Cell: 082 575 6479 Tel: 012 346 1590 Fax forms to: 0865881437 Email: admin@sahorse2010.co.za